

CARITAS FOR CHILDREN

# INTERNATIONAL SERVICE WORK

VOLUNTEER WITH CARITAS!



CARITAS.US



CELEBRATING  
**22**  
YEARS



CARITAS  
For Children

## TABLE OF CONTENTS

03	WHO WE ARE
04	SERVE OTHERS
05	THE BENEFITS OF SERVICE
06	LOCATIONS
07	UGANDA
08	HAITI
09	DOMINICAN REPUBLIC
10	POLAND
11	TESTIMONIALS



## Who We Are

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CARITAS For Children is a 501(C)(3) non-profit organization. We are a Catholic Lay Apostolate focused on building relationships that encourage charity and mercy. Our work is inspired by Jesus' command to, "Love one another. As I have loved you, so you also should love one another" (cf. John 13:34).

CARITAS For Children helps establish a once-in-lifetime relationship between the selfless sponsors, or donors, and children in need who live in some of the poorest areas of the world. The sponsors provide financial assistance for life-changing education, health-care, nutrition, emotional & spiritual support.

The children served by CARITAS are also supported by Catholic religious communities based at each CARITAS location.

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# Serve Others

We have opportunities for volunteers to serve in the local schools, orphanages & community programs. As past Interns can attest, the experience of being immersed in a culture unlike your own and effectively bridging such a wide cultural gap is life-changing.

**"LOVE IS NEVER  
DEFEATED"  
- POPE JOHN PAUL II**

No matter your skill set, there is a need that suits you. Furthermore, you will have the chance to meet the valiant individuals who are our



program partners in those countries; the teachers, guardians, matrons and families of the children,

Service Work Opportunities differ by each individual site, but may include the following:

- Educating the youth.
- Curriculum strategy.
- Event coordination.
- Social services (i.e. working at soup kitchens, aiding the elderly & disabled, etc.).
- Blog Writing/Videography.
- Medicine & dental.
- Carpentry & restoration.



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# The Benefits of Service

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## Experience Another Country

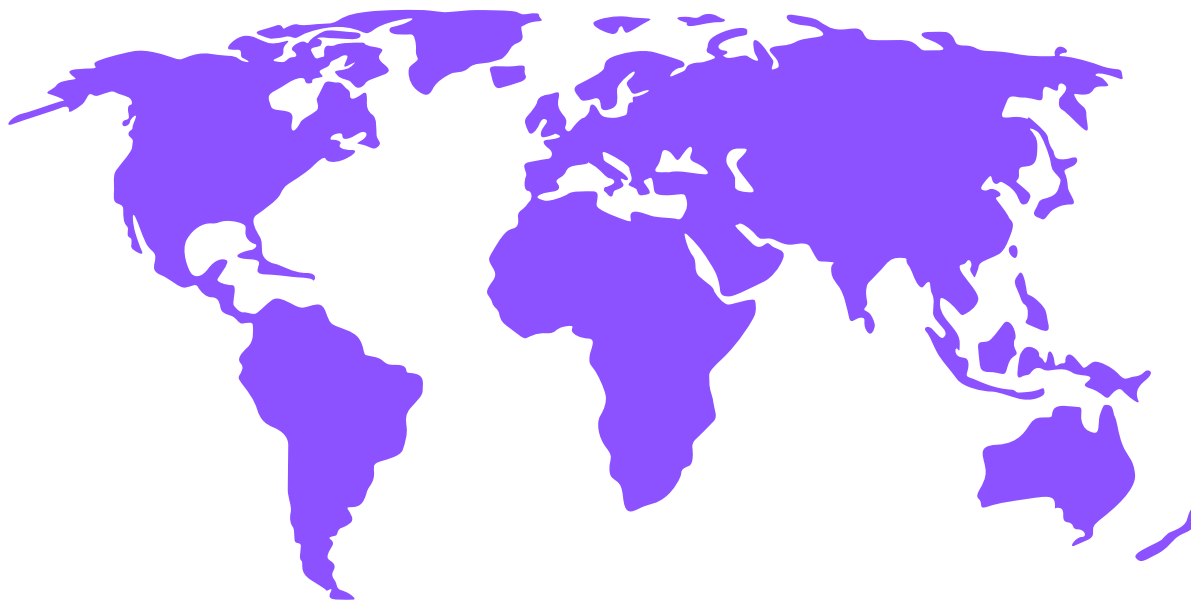
You will increase your awareness of our global family and see the beauty of a different country. You will also learn about the daily struggles of an impoverished nation's people.

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Work among the local people of one of the four nations, immerse yourself in the community, culture & traditions. Make lifelong friends that you can stay in contact with and even go back to visit!

## Build Cultural Knowledge





## Locations

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### Uganda (p. 07)

- Nkokonjeru, Uganda.
- Kasana-Luweree, Uganda
- Kampala, Uganda
- Earn college credit for related courses.

### Haiti (p. 08)

- Cazeau, Port-au-prince, Haiti
- Live in a sectioned-off area of a Convent with local Sisters.
- 600-700 children are at a mixed-gender primary school.
- Volunteer, intern or earn college credit for related courses.

### Dominican Republic (p. 09)

- Live in Azua, Dominican Republic.
- Teach in primary or secondary-level school alongside local Sisters.
- Volunteer, intern or earn college credit for related courses.

### Poland (p. 10)

- Warsaw, Poland and eastern suburbs.
  - Help in orphanages, soup kitchens and child development programs!
  - Volunteer, intern or earn college credit.
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# Uganda

## **CARITAS Site Locations:**

Nkokonjeru, Uganda

Kasana-Luweere, Uganda

Kampala, Uganda

**Duration of Trip:** 1-3 mo.

**Accommodations:** Room & Board provided.

**Cost(s):** Round-trip plane ticket + \$30/day for food\* (subject to change)

**Service Partners:** Sisters, teachers, guardians, matrons of the community, and your Field Coordinator.



*One of the Houses in Uganda where volunteers, service workers & college students can stay.*

## **Service Work/ College Credit Opportunities**

- Teach in the local Catholic nursery, primary or secondary schools. Classes include Math, English, Writing, Reading, Science & Religious Studies.
- Assist in Community Outreach (Make food for citizens of the community, participate in social programs, etc.).
- Meet new candidates for CARITAS' child sponsorship program.
- Help the Uganda Water Filtration Project.
- Tell the story of our children with blog posts and/or photography & video.
- Provide medical or dental care to the children & adults.
- Teach carpentry; repair homes for families in the community.
- Provide computer & software training.



# Haiti

## CARITAS Site

**Location:** Cazeau, Port-au-prince, Haiti

**Duration of Trip:** 1-3 mo.

**Accommodations:** Room & Board provided at the Convent in Cazeau. Dormitory-style, independent quarters in separate wing from the Sisters.

**Cost(s):** Round-trip plane ticket + \$30/day for food\* (subject to change)

## Service Work/ College Credit Opportunities

- Teach in the local Catholic, mixed-gender primary school. Subjects include English, Reading, Writing, Science, Religious Studies & more!
- Assist in teaching strategy with the Sisters.
- Assist in Community Outreach.
- Tell the story of our children with blog posts and/or photography & video.
- Provide medical or dental care to the children & adults.
- Teach carpentry; repair homes for families in the community.
- Provide computer & software training.
- Travel to other CARITAS locations in Haiti.
- Coordinate presentations & mini-conferences on certain subjects, like God's Love, succeeding in life, morals, social issues & more.



*Past CARITAS volunteers with children in Cazeau.*

**Service Partners:** Sisters of the Convent in Cazeau where service workers will stay & your Field Coordinator.



# Dominican Republic

**CARITAS Site Location:** Azua,  
Dominican Republic

**Duration of Trip:** 1-3 mo.

**Accommodations:** Room & Board  
provided.

**Cost(s):** Round-trip plane ticket  
+ \$30/day for food\* (subject to  
change)

**Service Partners:** Sisters of the Convent & your Field Coordinator.



*A CARITAS intern with students in  
Azua, D.R.*

## Service Work/ College Credit Opportunities

- Teach in the local Catholic schools, like St. Joseph (Secondary) School, run by sisters of Azua. Classes include Math, English, Writing, Reading, Science, Religious Studies, Music, Art, Dance & more!
- Assist in Community Outreach.
- Tell the story of our children with blog posts and/or photography & video.
- Provide medical or dental care to the children & adults.
- Teach carpentry; repair homes for families in the community.
- Provide computer & software training.
- Coordinate presentations & mini-conferences on certain subjects, like God's Love, succeeding in life, morals, social issues & more.

# Poland

## **CARITAS Site**

**Location(s):** Praga, Warsaw  
or an eastern suburb.

**Duration of Trip:** 1-3 mo.

**Accommodations:** Room & Board provided.

**Cost(s):** Round-trip  
plane ticket + \$30/day for  
food (Subject to change)

**Service Partners:** Felician Sisters, Oblate  
Sisters & your Field Coordinator.



*Orphans at the Pope Pius XI  
Home For Children.*

## **Service Work/ College Credit Opportunities**

- Teach English & language training at the Little Servant Sisters orphanage in an eastern suburb of Warsaw.
- Help out at after-school programs at the Felician Sisters' facility in Praga, Warsaw. Teach English, Math, Science & other subjects.
- Serve food in a soup kitchen for the poor and homeless at the Felician Sisters' facility in Praga, Warsaw.
- Participate in social services at the facilities in Praga.
- Tell the story of our children with blog posts and/or photography & video.
- Provide computer & software training.
- Coordinate presentations & mini-conferences on certain subjects, like God's Love, succeeding in life, morals, social issues & more.

# Testimonials

Real blogs from past CARITAS  
volunteers and/or service workers

## Volunteering in a Local Hospital During My Internship in Uganda

By: Samir Idrissi

Date: June 21st, 2016

Before I entered St. Francis Hospital in Nkokonjeru to volunteer and shadow the health practitioners there, I did not know what to expect. My first day of visiting the hospital I was brought to the administration office where I explained that I had volunteered in the emergency department at a hospital in the US and had lots of experience cleaning rooms. From this, funnily enough, they thought I wanted to clean their rooms instead of work alongside doctors and nurses. Eventually, I was placed in their outpatient department.

[Read More](#)



# Testimonials

Real blogs from past CARITAS  
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## The Beauty of Her Own Reflection

By: Madeleine Richey

Date: October 17th, 2014

The moment the door closes the small room is cast into shadow. Acrid smoke from the cooking fire just outside the doors seeps through the cracks in the crumbling brick walls and rotting wooden door. I blink, trying to make out Sr. Carolyne's light-colored habit as she sits directly in front of me, but for a moment I can see nothing but darkness. It is only when my eyes adjust to this new environment that I can begin to see the people and the interior of their dwelling.

[Read More](#)



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